

ALL DAY from 7AM

Breakfast



please order & pay at the counter ..thanx

Fresh fruit salad in apricot nectar w honey Greek yoghurt & toasted coconut **11.80**
Add toasted almond..yummo **13.90**

Thai banana pancakes Grandmas buttermilk pancakes w chunky bananas toasted shredded coconut coconut syrup and maple syrup **15.90**

Bursting berry pancakes Grandmas buttermilk pancakes w summer berries honey Greek yoghurt & maple syrup **15.90**

More-ish muesli *100% naturally scrumptious Sassy's own blend of grains, nuts & seeds w fresh fruit, honey yoghurt 'n apricot nectar **15.90**
 w full cream, lite milk 'n honey **11.90**

Toast * casalinga white, maxi grain, sour dough, turkish, sunflower rye or gluten free
 wconserves or vegemite or peanut butter **6.00**
 w baked beans or spaghetti & grilled cheese (an old fav) **9.90**
 w avocado & cracked pepper **11.50**
 w sassy's magic mushroom mix **12.90**

Sassy specialty * your toast choice w sardines, pinenuts, capers, golden parmesan 'n shallots w cracked black pepper (odd but yummy) **14.50**

Dense fruit 'n nut toast **6.50**
ALSO AVAILABLE GLUTEN FREE

Fabulous French toast **15.90**
 w honey yoghurt & fresh fruit
 w toms, cheese & shallots (Dads Sunday night speciality)
 w cinnamon sugar (kids favourite) **8.90**

Sassy's bacon & egg sanga..a favourite!
 Crispy bacon, egg, roasted tomato w hollandaise sauce on toasted Turkish (tom & bbq sauce avail) **15.90**

Acupala eggs Organic, free range.. poached, scrambled or fried 'n toast of your choice **10.80**

Good old bacon & eggs Acupala eggs any style, crisp bacon, toms 'n your toast choice **16.90**

Sassy's Poached eggs w baby spinach, roast tom 'n shredded parmesan on sour dough toast **17.00**

Dill scrambled eggs w atlantic smoked salmon, grilled toms 'n hollandaise on sour dough toast **19.90**

Sassy's deep dish mushroom omelette
 Eggs whipped into a state of delight, pan-fried whilst embracing a melody of magic mushroom mix, topped w grilled parmesan, roast tom, hollandaise 'n grain toast.....sumptuous! **20.90**

Sassy's deep dish smoked salmon omelette
 Eggs whipped into a state of delight, pan-fried whilst embracing smoked salmon, brie 'n baby capers w roast tom, dill sauce & sunflower rye toastdeelightful! **20.90**

Sassy's Jalapeno Ranchero Omelette hot 'n spicy
 Sassy's Mexican bean mix enfolded in a jalapeno, crumbled feta omelette w avocado, chilli sour cream & a crunchy melted cheese toasted tortilla ...sizzlin! **21.50**

Vego brekky **19.90**
 Sassy's magic mushroom mix, poached eggs, grilled toms, avocado 'n hollandaise on sour dough toast...Mmmm!!

Vegan brekky **20.50**
 Sassy's magic mushroom mix, sautéed organic tofu slices, avocado, grilled tomatoes 'n grain toast... deelish!

Sassy's Eclectic brekky **21.90**
 Poached eggs, baby spinach, crumbled feta, semi-dried toms, magic mushroom mix 'n hollandaise on seeded sour dough toast...ooh yeh!!
Add chargrilled chorizo sausage..yummm!! **26.70**

Sassy's Serious brekky acupala eggs any style, bacon, chipolatas, baked beans, mushroom mix, hash browns, roast tom & your toast choice **23.50**
 or go hard..add **steak** (Tim will) **30.00**

Extras



hollandaise/ hash browns/ grilled tom/ baked beans **3.50**
 mushroom mix / avocado / chipolatas / tofu / spinach **5.00**
 bacon /free range, organic eggs / chorizo **4.80**
 Grain fed Harvey beef scotch fillet/ smoked salmon **6.50**

Drinks



full cream / lite or soy milk available

Fresh fruit smoothies **6.50**

Fresh fruit blended into a state of delight with your choice of milk & yogurt or icecream
 Banana & Mango / Berry magic / Fabulous fruit salad

Milkshakes **4.60** w malt **4.90**
 Choc / strawberry / caramel / vanilla

Iced Coffee or iced chocolate
 w cream 'n ice cream **5.80**

Fresh squeezed VEGE juice **6.20**

Carrot, apple, ginger, beetroot, celery or any combo
Sassy's favourite * carrot / apple / ginger

Coffees * GINOS blend

Decaf available

Espresso	3.20	Cafe` late	4.20
Long black	4.00	Short mac	3.60
Flat white	4.20	Long mac	4.40
Cappuccino	4.20	Mocha	4.60
Mug	4.40	Hot choc	4.40
Chai late	4.40	Extra shot	.50
		Soy milk	.50

T's by the pot

(single serve T-drop tea) **3.80**

Loose leaf * English breakfast/Malabar chai/lavender Grey

Herbal *Peppermint / chamomile /honey dew green / fruits of Eden/ lemongrass n ginger/ Rooibos 100% Caffeine free

Sassy's takes pride in the use of quality fresh ingredients to create sumptuous abundance for all tastes, budgets & dietary requirements

Visit sassyontheswan.com.au
 ph:93254191 fax: 93254916